

LION PATHWAY: “Fun on the Run”

This trail takes about 2-3 hours to complete (depending on the size and attention of your group). The activities are fun and engaging for kids and adults. These activities lean toward some of the Sports activities, and provide opportunity to unleash a child’s physical fitness. Great for a group of 4 – 8 people.

Place to visit	Activity	Badge Requirement
		K – 5th
Behind the Egan Center/ Sports Area	Learn and demonstrate three exercises you can do each day. (Jumping Jacks, sit-ups, squats)	Lion Req. 1
Sports/ Egan	Take part in a stilt relay race	Lion Req. 4
Outdoor Cooking	Make nutritious snacks for the group	Lion Req. 2
Egan Center	Understand and talk about the importance of rest	Lion Req.3
Behind the Egan Center/ Sports	Participate in a Jungle Field Day	Lion Req. 4
Low Ropes	Have your group participate in the TEE PEE shuffle	Lion Req. 4
STEM	Discuss Animals that sleep during the day/ during the night. Why do they do that? Either way they rest to stay strong. Play the match game (sun, moon, and animal cards)	Lion Req. 3

Family / Den / Patrol Name: _____

Scout Book: the code to the right will help parents and leaders find the age appropriate requirements for various badges. By the time a Scout completes the trail, they will have checked of several requirements and earned a % of their way toward Eagle.

On and off the trail: Feel free to jump on or off the trail to follow the interests of your child / Scout.

Important Note to Parents: PLAY! The camp is designed for you too. Your Scout or child’s highlight will be participating WITH you.



NEW ENGLAND BASE CAMP

